

## COFFEES & TEAS



### Specialty Gourmet Coffees

Cappuccino: espresso coffee mixed with frothed hot milk, flavored with cinnamon

Latte: espresso coffee and steamed milk, flavored with vanilla, ginger, chocolate, caramel or hazelnut

Espresso: very strong, rich coffee  
Double Espresso: twice the wake up!

Flavored Coffees  
Your Choice  
\$2.75

Coffee  
16 oz. & 20 oz. No Refills  
\$1.50 - \$1.75

Freshly Brewed Iced Tea  
\$1.25

Baker's Hot Chocolate  
\$1.50



## BAKED GOODS

Pastries Elite - Baked Fresh Daily  
scones, bagels, muffins, danish; selections will vary  
\$1.50 - \$3.50

**NEW** Challah - fresh from Zomicks  
\$4.50 - \$5.00

## BREAKFAST (8 AM - 10 AM)

Egg and Cheese  
on a fresh baked bagel or croissant  
\$3.25

Double Egg and Cheese  
on a fresh baked croissant or bagel  
\$3.50

♥ Oatmeal  
brown sugar cinnamon or baked apple cinnamon  
\$1.75

## COLD BEVERAGES

Spring Water & Flavored Waters  
\$1.25

Tropicana 100% Premium Fruit Juice  
\$1.25

Snapple Products  
\$1.50

Milk - White or Chocolate  
\$.75 - \$1.00

Coke Products  
\$1.25

## LUNCH ITEMS SERVED 11 AM - 2 PM

### SALADS



#### ♥ Large Garden Salad

mixed fresh greens, tomato, alfalfa sprouts, red onion, sliced cucumber, pepper, carrot, pinch of parsley, choice of dressing  
\$5.00

#### ♥ Caesar Salad

the classic caesar salad with fresh grated Parmesan cheese, croutons with a freshly made dressing  
\$5.00

#### ♥ Greek Salad

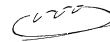
fresh greens, olives, pepperoncini, crumbled feta cheese, topped with freshly made vinaigrette dressing  
\$5.00

#### ♥ Spinach Salad

fresh baby leaf spinach, tomato, almonds slivers, cranorange berries, topped with a freshly made sesame & poppy seed vinaigrette dressing  
\$5.00

#### ♥ Side Garden Salad

available with purchase of soup, pizza, side pasta or wrap  
\$3.00



### SANDWICHES & WRAPS

#### ♥ Albacore Tuna

solid white tuna with red onion, apple, carrot and celery, chopped fine & blended with a creamy dressing, served on 7 grain or spinach herb wrap  
\$4.50

#### Egg Salad

hard boiled eggs, chives, dill, and black pepper mixed with a creamy mayonnaise blend, wrapped in a wheat tortilla wrap  
\$4.50

#### Great Grilled Cheese Sandwich

\$3.00

#### **low fat** Hummus Wrap

fresh hummus with roasted peppers, lemon, lettuce, tomato, parsley & tahini dressing, wrapped in a garlic herb tortilla wrap  
\$4.50

#### **NEW** Loaded Hummus Wrap

all the great contents of our regular hummus wrap, plus cucumbers, carrots, sweet onions, radish and sprouts!  
\$5.50

#### Southwestern Classic

romaine lettuce, tomatoes, black beans, corn, rice & cheddar cheese, wrapped in a corn tortilla wrap  
\$5.50

### SOUP



made fresh daily, served with a warm roll  
\$3.50 - \$4.00

## PIZZA



Classic Double Cheese Pizza  
\$2.00

Feta Pizza  
mozzarella/feta blend, olive oil, oregano and garlic  
\$2.50

.50 for each additional topping

## SMOOTHIES & SHAKES

Fresh Fruit - Smoothie   
strawberry, banana, pineapple, orange, or peach  
\$3.00

.50 for each additional fruit

Milk Shake  
made with the delicious ice cream flavor of the day  
\$3.00

## SPECIALTY SIDES

**NEW** Side Pasta  
a small portion of today's pasta, available with purchase of soup, pizza, salad or wrap  
\$3.00

French Fries  
made fresh to order w/a special seasoning blend  
\$2.00

Fresh Fruit  
apple, banana, orange or mixed fruit cup  
\$.75

Rice or Tapioca Pudding  
\$1.25

Soft Baked Pretzel  
\$1.25

**low fat** Stonyfield Yogurt  
fresh fruit blends, selection will vary  
\$1.25

Please see our menu board for our freshly made, daily specials

Cardo Café

♥ Low in Cholesterol

Revised on 12/29/06